

# Develop Important Life Skills!

## Take a Family and Consumer Science Class

### Adult Roles and Financial Literacy 22101 (CTE) 11-12 1.0

This class explores the dynamics of individual and family relationships, positive communication skills, financial literacy, decision making, dating and marriage preparation. This class will give you the information you need to be successful in life! Students who complete two trimesters will complete the general Financial Literacy graduation requirement. Great Class!!



### FHS 2400: Marriage and Family Relations 99261 (CTE,CC) 11-12 1.0

This class is taken in conjunction with Adult Roles and Financial Literacy. The course covers topics designed to prepare students for successful marriage and family relationships. Students who complete both trimesters will receive three college credits, a financial literacy credit and half of a CTE credit.



### Child Development 87001 (CTE) 9-12 .5

Do you enjoy learning about the growth and development of children? Then Child Development is for YOU!! This class covers pregnancy, prenatal development, birth, emotional, intellectual and social development of children. Guidance and discipline techniques are also explored. Students will participate in hands on learning activities and complete fun projects! Exciting class!!



### Early Childhood Education 1 Lab (Pre-school) 87021, 87022, 87023 (CTE) 10-12 .5

Do you enjoy spending time with preschool aged children? Then sign up for the preschool lab! This is a hands on class where you will learn how to create a lesson plan, organize and direct age appropriate activities, and make healthy snacks. Come and spend some time teaching, guiding and working with preschool aged children. Concurrent Enrollment is available. Child Development is a required prerequisite for sophomores. (Course numbers correspond with a each trimester 1,2,3)

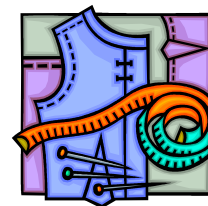
### FHS 2600: Intro to Early Childhood Education 9927 (CTE, CC) 11-12 1.0

Taken in conjunction with the Preschool Class. Must take for two trimesters to earn three SLCC Credit hours. Create and implement lesson plans, assemble lesson plans into a professional portfolio and create a child's observation portfolio. Great class!



### Apparel Design and Production 1 & 2 87251( CTE) 9-12 .5 87261(CTE) 10-12 .5

Take a sewing class and discover your creative side! You will learn the basics of clothing construction, how to read a pattern, sew on a serger and sewing machine. You will also have the opportunity to enhance projects while using the computer embroider sewing machines. Part two will build on the skills learned in part one. These are two fun, hands on classes!!



### Sports & Outdoor Production Design 1 & 2 87281 (CTE) 9-12 .5 / 87282 (CTE) 10-12 .5 10-12

This is a fun class which focuses on intermediate level projects related to the outdoor and sports industry. Students will use the sergers, sewing machines and embroidery machines to create their projects. Part two will build on the skills mastered in part one. Two really great classes!



### Fashion Design Studio 8730 (CTE) 9-12 .5

Do you have style? Do you enjoy keeping up with latest fashion trends? This class is for you! This class will help you analyze fashion trends, develop the skill of garment coordination, discover figure types, style basics and garment care. Students will create sewing and accessory projects. Super class!!





### **Foods and Nutrition I 87501 (CTE) 9-12 .5**

In this class you will discover how to make nutritious and delicious food. Students will learn the principles of nutrition based on MyPlate, basic cooking skills, food safety and sanitation. Students will earn a food handlers permit. You get to cook and eat while learning about nutrition! A must take for all!

### **Foods and Nutrition II 87511 (CTE) 10-12 .5**

Students will focus on food preparation techniques, meal planning, sports nutrition, consumerism and food industry careers. Students will have the opportunity to participate in a variety of cooking and baking experiences. This is a pre-requisite for the Culinary Arts Classes. If you enjoy cooking and baking then this class is for you!!



### **Culinary Arts I (ProStart I) 87600 (CTE) 11-12**

If you love cooking and are considering a career in the hospitality industry, then this class is a must!! You will master food preparation skills and techniques. You will have experience with catering and managing “The View.” You will have the opportunity to compete in the FCCLA Culinary Arts competition and the ProStart Culinary competition. Great class!

### **Culinary Management (ProStart II) 87610 (CTE) 11-12 .5/1.0**

This is the companion class to Culinary Arts I. Students will build on and master the skills learned in Culinary Arts I. They will continue to gain catering management experience as they work in “The View” and master food preparation techniques. Students will also have the opportunity to compete in the FCCLA and ProStart Culinary competitions.

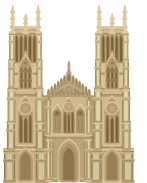


### **Interior Design 1 87771 (CTE) 9-12 .5**

This is a course for future architects and interior designers! You will learn to use the basic principles and elements of design to create various projects. You will discover everything there is to know about color, window and wall treatments, floor plans, fabrics and textiles, furniture styles and room arrangements. This is a fun, hands-on, creative class!!

### **Interior Design 2 87781 (CTE) 10-12 .5**

Similar to ID 1 but a more in-depth study of architectural styles and periods, furniture identification, materials of design, floor plans, portfolio creation and field trips. This is a great class to build on the principles mastered in Interior design 1.



### **Early Childhood Intern (sign up for Internship) 02082 (CTE) 11-12 .5/1.0**

Have you thought about teaching for a future career? Sign up for an internship opportunity with an elementary teacher. You will have a hands on learning and teaching experience as you work with an elementary school teacher in a classroom. Come and discover if early childhood education is for you!

### **FCCLA (Family, Career, Community, Leaders of America)**

FCCLA is the Family and Consumer Science co-curricular student leadership organization. Students who choose to participate enjoy being affiliated nationally, being involved with service projects and may compete in STAR event competitions. FCCLA is a meaningful and worthwhile leadership opportunity for all students.



*A Family and Consumer Science Class will help you prepare for your future single or married life. REGISTER NOW!*